Secret Chocolate Cake

From "Simply in Season"

- 2 cups beets-cooked, peeled & chopped
- ½ cup applesauce

Puree till smooth, set aside

- 1½ cups sugar ½ cup c. mild-flavored vegetable oil
- ½ cup yogurt 3 eggs

Combine & mix till smooth

• ½ cup baking cocoa 1 ½ vanilla extract

Add to beet mixture, puree another 90 seconds

1½ c. all purpose flour 1 c. whole wheat flour 1 ½ tsp baking soda ½ tsp salt

Gradually sift into the batter, mixing it in with a spoon but stirring only until blended.

- 1 tsp. cinnamon (optional)
- ½ cup chocolate chips and/or nuts powdered sugar for dusting

Stir in. Pour into greased pan. Bake in preheated oven at 350 until knife inserted in center comes out clean, 40-50 minutes.

lisa shamai cuisiniere

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